

# Honestly

Farm Kitchen

**Carrick-on-Shannon**

**Please order at the counter**

Stay in touch! @HonestlyKitchen  
[www.honestlykitchen.ie](http://www.honestlykitchen.ie)

## Starters

 **Soup of the Day** 5.50  
Served with Carraig Rua brown soda bread.  
Ask your server for today's soup & allergens

 Vegan / Gluten Free bread available

**Halloumi Fritters** 7.50  
Proper Dairy Company Irish halloumi fritters, served with a harissa mayo

## Sharing Platters **NEW!**

 **Hummus & Toast Sharing Platter** 7.50  
 Trio of lemon & garlic, beetroot & harissa hummus served with sourdough toast

 **Vegan Sharing Platter** 16  
For 2 people. Hummus & toast, bean falafel balls & vegan chilli nachos

**Sharing Platter** 18  
For 2 people. A selection of chicken wings, chilli beef nachos, halloumi fritters

## Free-range Chicken Wings

 **Buffalo Wings**  
Free-range chicken wings in a hot & spicy buffalo sauce, with blue cheese dip  
Small 6.95  
Large 9.95

**Sweet & Sticky Wings**  
Free-range chicken wings in a soy, sesame and apple glaze, with garlic dip

## Nachos **NEW!**

 **Plain Nachos** Small 6  
Large 8  
Blanco Niño tortilla chips, cheddar cheese, jalapeños, sour cream and tomato salsa

 **Chilli Beef Nachos** Small 10  
Large 15  
Blanco Niño tortilla chips, organic beef chilli, cheddar cheese, jalapeños, sour cream and tomato salsa

 **Vegan Chilli Nachos** Small 9  
Large 12  
 Blanco Niño tortilla chips, bean chilli, vegan cheese, jalapeños, and tomato salsa

## Salads

 **Honestly Organic Salad** 9.50  
 Drumanilra leaves, shredded raw vegetables, and toasted seeds with a vegan French dressing

**Halloumi Fritter Salad** 11  
Proper Dairy Irish Halloumi Fritters, Drumanilra leaves, shredded raw vegetables, and toasted seeds with a vegan French dressing

 **Spicy Bean Falafel Salad **NEW!**** 11  
Spicy bean, chickpea and sweetcorn falafel balls, Drumanilra leaves, shredded raw vegetables, and toasted seeds with a vegan French dressing

All of our salad leaves are from our home farm, Drumanilra Organic Farm. Here our team and our family grow several varieties of salads for our restaurants and Farm Shops. Each variety is selected for taste, growing season and harvest.

For example, in winter we grow Claytonia, originally known as miner's lettuce - which was eaten by miners to prevent scurvy due to its high vitamin C content! With a heart shaped leaf, long stem and edible flowers, it is also considered a good source of beta carotene and protein.

 **Buttermilk Chicken Salad** 12  
Crispy free-range chicken breast, Drumanilra leaves, shredded raw vegetables, and toasted seeds with a vegan French dressing

 **Roast Chicken Salad** 12  
Grilled free-range chicken breast, Drumanilra leaves, shredded raw vegetables, and toasted seeds with a vegan French dressing



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Fully Vegan

# Burgers



All burgers are served with a portion of our organic fries

## Upgrade your Fries!

### Loaded Fries **NEW!**

Chilli Beef	+3.50	Buffalo & Blue Cheese	+2.50	Garlic Mayo & Cheese	+2.50
Vegan Chilli	+2.50	Blue Cheese & Caramelised Onion	+2.50	Beetroot Hummus	+2.50

Switch to Organic Sweet Potato Fries +1

## Beef & Lamb Burgers

Our organic Dexter beef comes from our home-farmed, Drumanilra pedigree Dexter herd. The Dexter is a native Irish breed, renowned for its juicy marbling and flavour. It's small, hardy and well-suited to the rugged Irish landscape here in the West of Ireland. Our organic lambs are also from our own home farm, Drumanilra, on the shores of Lough Key. Our farm is registered with the Organic Trust.



### The Classic Dexter

Organic Dexter beef burger, Drumanilra leaves, tomato, red onion, relish & mayo on a Carraig Rua Brioche Bun  
5oz 13.50 / 10oz 17



### Blue Cheese & Caramelised Onion **NEW!**

Organic Dexter beef burger, Drumanilra leaves, tomato & mayo topped with Cashel Blue Cheese and caramelised onion on a Carraig Rua Brioche Bun  
5oz 15.50 / 10oz 19



### Classic with Bacon & Cheese

Organic Dexter beef burger, Drumanilra leaves, tomato, red onion, relish, mayo with free-range bacon and Irish cheddar cheese on a Carraig Rua Brioche Bun  
5oz 15.50 / 10oz 19



### Chilli Burger **NEW!**

Organic Dexter beef burger, Drumanilra leaves, mayo, red onion, topped with organic beef chilli and cheddar cheese on a Carraig Rua Brioche Bun  
5oz 16.50 / 10oz 20



### Honest Joe

Organic Dexter beef burger, Drumanilra leaves, tomato, caramelised onion, free-range bacon, Irish cheddar, Honestly burger sauce on a Carraig Rua Brioche Bun  
5oz 15.50 / 10oz 19

### Lamb & Feta Burger

Organic, Drumanilra lamb burger, feta, sriracha, tzatziki, caramelised onion, Drumanilra leaves, tomato on a Carraig Rua Brioche Bun  
5oz 16.50 / 10oz 20

## Crispy Buttermilk Chicken Burgers



### The Classic Chicken

13

Free-range, buttermilk chicken breast, garlic mayo, Drumanilra leaves on a Carraig Rua Brioche Bun



### Buffalo & Blue Cheese

13

Free-range buttermilk chicken breast, buffalo sauce, Cashel blue cheese dressing, Drumanilra leaves on a Carraig Rua Brioche Bun

## Meat Free Burgers



### Halloumi Burger (V)

13

Grilled Proper Dairy Company Irish Halloumi cheese, brioche bun, pesto, Drumanilra leaves, caramelised onion, tomato on a Carraig Rua Brioche Bun



### Bean OR Tofu Plant Based Burger 12 **NEW!**

Crispy chickpea & coriander burger OR panko coated tofu burger, vegan Sriracha mayo, red cabbage slaw with lemon dressing, Drumanilra leaves & tomato on a Carraig Rua Brioche Bun



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## Fries & Loaded Fries **NEW!**



### Fries

4

French-style fries, handmade by us, from organic potatoes grown on Pynes farm in Co. Clare

### Chilli Beef Fries

7.50

Topped with organic, slow-cooked Dexter beef chilli and Irish cheddar

### Blue Cheese & Caramelised Onion

6.50

Topped with Cashel Blue cheese & caramelised onions

### Garlic Cheesy Fries

6.50

Topped with Irish cheddar and garlic mayo



### Vegan Chilli Fries

6.50

Topped with vegan bean chilli



### Beetroot Hummus Fries

6

Topped with organic beetroot hummus

### Buffalo & Blue Cheese Fries

6.50

Topped with spicy buffalo sauce and blue cheese dressing



### Sweet Potato Fries

5

Organic sweet potatoes in a light crispy coating

## Savoury Pastries

Served with salad or chips

### Quiche of the Day 7.50

See counter for today's seasonal quiche

### Drumanilra Farm Sausage Roll 7.50

Free-range garlic & herb pork mince, and caramelised onions in Carraig Rua puff pastry

### Beetroot, Sweet Potato & Goats Cheese Roll 6.95

Roast veg, goats cheese and red onion marmalade in Carraig Rua puff pastry



## Sandwiches

Served 12pm to 4pm

### Chicken & Mozzarella 7.95

#### Grilled Ciabatta

Free range chicken, pesto, mayo, roasted mixed peppers, Drumanilra leaves

### Ham & Cheese Toastie 6.95

Free range ham, Irish mature cheddar, butter, red onion & tomato, Carraig Rua batch bread.



### Rainbow Wrap 6.50

Hummus, organic raw shredded veg, roasted peppers, tomatoes, Drumanilra leaves & vegan mayo on a beetroot tortilla wrap

Add Chicken +€3

### All Day Breakfast Bap **NEW!**

Free range bacon, free range sausage, Ballymaloe relish on warm white bap 7.75

### Coronation Chicken **NEW!** 7

Free-range chicken in a curried coronation dressing, with Drumanilra leaves on Carraig Rua brown soda bread



## Sides

### Chunky House Coleslaw 3

Chunky cut organic vegetables in Hellmans mayo



### Hummus 2

Choose Lemon & Garlic, Beetroot or Harissa

### Harissa Mayo / Garlic Mayo 2



### Simple Green Salad 3

Fresh leaves from our own Drumanilra Farm in a light dressing



### Honestly Organic Salad Pot 4

Drumanilra leaves, shredded veg and a light dressing

### Tzatziki / Blue Cheese Dip 2



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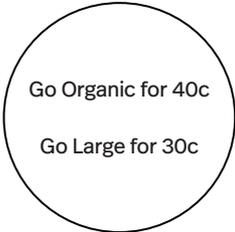


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# Sweet Treats

We have a great range of desserts at the counter - all from our own bakery, Carraig Rua. Different cakes and treats are available daily - you might find our raspberry & ginger baked cheesecake, a gooey chocolate brownie or a seasonal special!

Pop to the tills to try today's special desserts.



Go Organic for 40c

Go Large for 30c

## Coffee

Choose from our Lounge Blend or our organic Temptation coffee blend!

Americano	3.10
Cappuccino	3.65
Latte	3.65
Cortado	3.20
Macchiato	3.20
Flat White	3.50
Espresso	2.50
Double Espresso	2.90

Our coffee is locally roasted for us by Artessa in Carrick-on-Shannon.

We use organic milk from Organic for Us in Co. Donegal.



Organic plant based milks, decaf and iced coffees also available!

Add Vanilla, Caramel, Gingerbread or Hazelnut syrup +50c

## Soft Drinks

<b>Karma Cans (Organic &amp; Fairtrade)</b>	2.50
Orangeade, Lemonade, Razza Raspberry Lemonade, Karma Cola, Karma Cola sugar free	
<b>San Pellegrino</b>	2.50
Selection of flavours	
<b>Organic Pip Smoothies &amp; Juices</b>	2
Water (Still or Sparkling)	2.50
Organic Synerchi Kombucha	3.30
Sisu Juices	3.75
Sisu Shots	2.65



## Tea

Organic Breakfast Tea	2.95
Speciality teas	3.10
Earl Grey, Green Tea, Chamomile, Mint, Nettle, Pukka Love, Rooibos	

## Hot Drinks

Hot Chocolate	3.85
Turmeric Coconut Latte	4.15
Chai Latte	4.15



## Smoothies

<b>Kale Kick</b>	5.60
Mango, kale, banana, apple juice	
<b>Berry Go Round</b>	5.60
Blueberries, redcurrants, raspberries, strawberries, blackberry, banana, apple juice	
<b>Tropical Zest</b>	5.60
Pineapple, mango, kiwi, lime juice, mint, banana, apple juice	



## Milkshakes

Chocolate	5.60
Vanilla	5.60
Strawberry	5.60

# DRUMANILRA ORGANIC FARM

Drumanilra is Liam and Justina's home farm, once farmed by Liam's great-grandfather on the shores of Lough Key. Here we raise Dexter cattle, organic sheep, and free-range pigs. We also grow organic salads and vegetables and lots more depending on the season. Drumanilra Farm is our home and is a fully certified organic farm, certified by the Organic Trust since 2015. The farm supplies ingredients to our Honestly Farm Kitchens.  
@Drumanilra

## Honestly Farm Kitchen

Honestly Farm Kitchens was founded by Liam and Justina Gavin. Our aim is to make local, seasonal, organic produce accessible to everyone. Our Carrick-on-Shannon location is Ireland's first and only Organic Drive Thru. We opened in Strandhill in 2022. Both of our restaurants have a small Farm Shop where you can pick up organic meats, vegetables, breads, and lots of staples and treats.  
@HonestlyKitchen

## CARRAIG RUA

Carraig Rua is our bakery in Carrick-on-Shannon. Here our dedicated team produce fresh breads, cakes, and pastries for our restaurants and Farm Shops. Everything down to our burger buns is made by hand and brought fresh to you. We use only organic flour, real butter and free-range eggs in our daily bakes. Pick up a loaf or treat yourself to a dessert today.  
@CarraigRuaBakery

*Our Dexter beef & lamb are fully organic, high welfare, slow reared on our own farm 40 minutes away.*

*Our chicken and pork are free range and high welfare, from Irish farmers*

*Our coffee is locally roasted for us by Artessa in Carrick-on-Shannon*

*Our organic salad leaves and lots of our veg are from our own farm on the shores of Lough Key*

*Our breads, burger buns and desserts are made with organic flour & baked in our own bakery, Carraig Rua, in Carrick-on-Shannon - pick up a loaf in our Farm Shop!*

**Allergen information, other menus and more!**

