

roasted for us by Artessa in Carrick-on-Shannon



Much of our inseason veg comes from our organic garden on our home farm, Drumanilra



Our breads & buns are certified organic. Our pastries are made with organic flour. All are baked in our own bakery. Carraig Rua, in Carrick-on-Shannon.



Our pork is high welfare from Irish farmers. Our sausages are from Crowe's Farm & are out-door reared.

Honestly

Farm Kitchen

BREAKFAST MENU



SERVED DAILY UNTIL MIDDAY

Honestly Farm Kitchen was founded by Liam and Justina Gavin.

Our aim is to make local, seasonal, organic produce accessible to everyone.

Our Carrick-on-Shannon location is Ireland's first and only Farm to Fork Drive Thru. We opened in Strandhill in 2022. Both of our restaurants have a small farm shop where you can pick up organic meats, vegetables, breads, and lots of staples and treats. You can pre-order too on our website www.honestlykitchen.ie

@HonestlyKitchen

- ARTISAN BAKERY -

CARRAIG

Carraig Rua is our bakery in Carrick-on-Shannon. Here our dedicated team produce organic breads. fresh cakes and pastries for our restaurants and Farm Shops. Everything down to our burger buns is made by hand and brought fresh to you. We use only organic flour, real butter and freerange eggs in our daily bakes. Pick up a loaf or treat yourself to a dessert today.

@CarraigRuaBakery

DRUMANILRA ORGANIC FARM

Drumanilra is our home farm, once farmed by Liam's great-grandfather on the shores of Lough Key. Here we raise organic Dexter cattle, sheep and laying hens. We grow organic salads, vegetables and lots more depending on the season. Drumanilra Farm is a fully certified organic farm, certified by the Organic Trust since 2015. The farm supplies ingredients to our Honestly Farm Kitchens

@Drumanilra

Important Note: Please speak to our team if you have any food allergies, special diets or food intolerances. We are transparent about intended allergens, but we cannot guarantee that any dish is 100% free of allergens, as we work in a small kitchen with shared equipment, where all major allergens are present. Please speak to us if you have any questions or concerns.

Scan here to order, to sign up to our newsletter, to order organic produce online, to buy gift vouchers and hampers, to read our latest blogs and lots more!

Did you know you can order online for takeaway?

STAY IN TOUCH - | @HonestlyKitchen | honestlykitchen.ie

Monestly Farmer's Breakfast Allergens: W, B, O, Mi, E, Su, Ce, So €13.95
Crowe's Farm outdoor-reared pork sausages, Crowe's Farm dry cure bacon rashers, Clonakilty black &

white pudding, free-range fried egg, Tuscan-style beans, Portobello mushroom, Carraig Rua organic sourdough toast and butter.

Nonestly Mini Breakfast Allergens: W, B, Mi, E, Su, Ce, So €10.45

Crowe's Farm outdoor-reared pork sausage, Crowe's Farm dry cure bacon rasher, Tuscanstyle beans, free-range fried egg & Carraig Rua organic sourdough toast and butter.

Monestly Gardener's Breakfast

Allergens: W, B, Mi, E, Su, Ce, So

Tuscan-style beans, crispy falafels, a free-range fried egg, sautéed kale & mushroom,

Carraig Rua organic sourdough toast, and butter.

Nonestly Breakfast Bap Allergens: W, E, So, Mu, Su
Crowe's Farm dry cure rasher & Irish breakfast sausage, free-range fried egg, Ballymaloe

Veggie Breakfast Bap
Allergens: W, O, So, Su €8.95

Clonakilty Vegan Pudding, Follains Chilli Jam, sautéed kale & mushroom on an organic Carraig Rua sourdough bap.

Bacon & Scrambled Eggs Allergens: W, B, E, Mi
 €10.95

Crowe's Farm dry cure bacon rashers & free-range scrambled eggs on Carraig Rua organic sourdough toast.

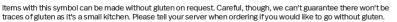
Add Streaky or Back Bacon	€1.75		€1.75
Add Sausage Allergens: W, Su	€1.75	Allergens: Su, Ce, So Add Mushroom	€1.75
Add Fried/Scrambled /Poached Eg	g €1.75	Add Toast & Butter Allergens: W. B. Mi	€3.50

Maple Pecan Granola Allergens: O, Mi, TN (Almonds, Cashews, Hazelnuts, Pecans) €7.95

Carraig Rua maple pecan granola, natural voghurt, mixed berry compote

relish on an organic Carraig Rua sourdough bap.

AMERICAN STYLE PANCAKES Made with organic flour & local free-range eggs.	
SIMPLE PLEASURES Allergens: W, Mi, E. Nutella allergens: So, Mi, TN (Hazelnut) Triple pancake stack with maple syrup or Nutella	€7.95
BACON & MAPLE Allergens: W, Mi, E Triple pancake stack with maple syrup & Crowe's Farm streaky bacon	€10.95
CHOCOLATE LOVERS Allergens: W, Mi, E, So, TN (hazelnut) Triple pancake stack with Nutella, Belgian chocolate drops & whipped cream	€9.95
BERRY GOOD GUT Allergens: W, Mi, E Triple pancake stack with mixed berry compote and natural yoghurt	€9.95







CARRAIG RUA PASTRIES

Come to the counter to see our great range of breakfast pastries, all made with organic flour & local free range eggs in our own bakery,

COFFEE	ΓΕ
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€4.50

€5.90



Allergens: *Mi, **TN, ***Mi & So

Mocha***

Organic plant based milks, & iced coffees available! +50c

MILKSHAKES

Add vanilla, caramel, hazelnut**, or gingerbread syrup+5Oc. Allergens: **TN

€3.60

SMOOTHIES

Rooibos

Chocolate*** €5.90 Vanilla* €5.90

Allergens: *Mi, ***Mi & So

Strawberry*



BERRY GO ROUND [®] €5.90

Berries, banana, apple juice

Allergens: Su

HOT DRINKS

Hot Chocolate***	€4.50
Turmeric Coconut Latte*	€4.30
Chai Latte*	€4.30
Dirty Chai Latte	€4.95
Caramel Latte*	€4.70
Gingerbread Latte*	€4.70
Matcha Latte*	€4.70
Pumpkin Spice*	€4.70
Latte	

Our coffee is locally roasted for us by Artessa Coffee in Carrick-on-Shannon - pick up a pack in our Farm Shop! We use organic milk from Organic For Us in Co. Donegal

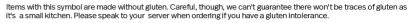
Add Protein Powder €0.95 to any Shake or Smoothie!

Add Acai to any €0.95 Smoothie!

Ask your server for allergens



Allergen Key: Ce = Celery, Mi = Milk, E = Eggs, Se = Sesame, So = Soya, B = Barley, Su = Sulphites, TN = Tree Nuts, Mu = Mustard, O = Oats, P = Peanuts, W = Wheat, R = Rye, Fi = Fish, Cr = Crustacean, Mo = Molluscs.



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