

STARTERS & SNACKS

 **Soup of the Day** 6.50

 Vegan soup & Carraig Rua organic brown soda bread. Vegan sourdough or GF buckwheat bread available on request.

 Soda Bread: W, E, Mi, O

 **Falafel Plate** 8.50

 House falafels, hummus, chimichurri sauce with dressed organic leaves & pumpkin seed crunch Mu, Su, Se

 **Chicken Snack Box** 13.95

Crispy free-range chicken bites with fries, chilli, spring onion & garlic mayo dip

E, Mi

WINGS 10 wings | 20 wings

 **Buffalo wings** 12 | 22

Free-range chicken wings, hot & spicy buffalo sauce, Cashel Blue cheese dip.

E, Mi

Sweet & Sticky Wings 12 | 22

Free-range chicken wings, soy, apple, sesame glaze, garlic mayo dip.

W, E, Se, So, Su

SANDWICHES Served till 4pm

 **Chicken Ciabatta** 15.50

Chicken, mozzarella, nut-free pesto, mayo, roasted peppers, leaves, Carraig Rua ciabatta. **Served with soup or fries**

W, E, Mi, Mu

 **Ham & Cheese Toastie** 14.50

Baked ham, Irish cheddar, butter, organic sourdough. Dressed leaves with pumpkin seed crunch. **Served with soup or fries**

W, B, Mi, Mu, Su

 **Falafel Wrap** 14.50

 House falafel, hummus, pickled red cabbage, leaves, beetroot wrap. **Served with soup or fries.**

W, Mu, Su, Se



BURGERS



SERVED WITH FRIES • UPGRADE TO LOADED FRIES +2.50

DOUBLE UP YOUR BURGER +4.50

BEEF BURGERS

 **The Classic Dexter** 16.95

Drumanilra Dexter beef, leaves, tomato, onion, Ballymaloe relish, mayo, Carraig Rua brioche.

W, E, Mi, Mu

 **Bacon & Cheese** 17.95

Drumanilra Dexter beef, smoked streaky bacon, Irish cheddar, leaves, tomato, onion, relish, mayo, Carraig Rua brioche.

W, E, Mi, Mu

 **Blue Cheese & Onion** 17.95

Drumanilra Dexter beef, Cashel Blue cheese, caramelised onion, mayo, leaves, tomato, Carraig Rua brioche.

W, E, Mi, Mu, Su

 **Honest Joe Deluxe** 18.95

Drumanilra Dexter beef, smoked streaky bacon, cheddar, leaves, tomato, caramelised onion, Honestly burger sauce, Carraig Rua brioche.

W, E, Mi, Mu, Ce, Su

Add-Ons			
Extra 5oz Patty	Streaky Bacon	Irish Cheddar	Cashel Blue Cheese
+4.50	+3.50	+2.00	+2.50

OTHER BURGERS

 **Buttermilk Chicken** 16.95

Crispy buttermilk chicken thigh, leaves, Carraig Rua brioche.

Garlic Mayo OR Buffalo & Blue Cheese

W, E, Mi, Mu

 **Halloumi Burger** 17.95

 Proper Dairy Company halloumi, nut-free pesto, mayo, caramelised onion, tomato, leaves, Carraig Rua brioche.

W, E, Mi, Mu, Su

 **Bombay Burger** 16.95

 Spiced potato & chickpea burger, pickled red cabbage, mango chutney, tomato, leaves, Carraig Rua sourdough bun

W, Su, Mu, So



Loaded Fries & Sides



	Regular Fries	4.95
	Garlic Cheese Fries Mi, E	5.95
	Buffalo & Blue Cheese Mi, E	6.95
	Blue Cheese & Onion Mi, Su	6.95
	Sweet Potato Fries	5.50
	Dressed Green Salad Mi, Su	4.95
	Dips Garlic Mayo Hummus Buffalo Hot Sauce Chimichurri Cashel Blue Sauce	1.75

SUMMER PLATES

 **Honestly Salad Bowl** 14.50

 Carrot & beetroot sesame ‘slaw, hummus, bulgur & kale salad, pickled red cabbage, dressed leaves, chimichurri, pumpkin seed crunch.

W, Mu, Su, Se, So

- + €4 roast chicken, crispy chicken Mi
-  + €4 falafel, halloumi Mi 
-  + €5.00 quiche Mi, E, W
- + €5.00 steak strips

 **Quiche Plate** 13.50

Today’s quiche, portion of sweet potato fries & a green salad of organic leaves dressed with vinaigrette & pumpkin seed crunch.

Mi, E, W, Su, Mu

SUMMER SPECIAL MUSSELS

Mulroy Bay Mussels 12.50 / 19.50 *Small / Large*

Organic Donegal mussels, lemongrass & coconut broth with chilli, coriander & Carraig Rua organic sourdough. 

W, B, Mo

Add fries +4.95 | Extra sourdough +3.50
Pair with a glass of Pinot Grigio +€8.00

OUR INGREDIENTS




100% Organic Pedigree Dexter Beef from our own Drumanilra Farm


Organic Breads from our sister bakery Carraig Rua Bakery


Leaves & Herbs from our farm & local growers


Free-range Irish Chicken & Eggs from local producers


Hams, Rashers & outdoor reared pork Sausages by Crowes Farm


Coffee locally roasted by Artessa

SWEET THINGS

All made in our own Carraig Rua Bakery with organic flour & local free-range eggs.

CHOCOLATE BROWNIE Real Belgian chocolate. Served warm with Paganini Irish Ice Cream <i>W,E, Mi, So</i>	7.95	HONESTLY SUNDAE Choice of chocolate, butterscotch or strawberry. Luxury ice cream with syrup and sprinkles! <i>Mi, So</i>	7.50
STICKY TOFFEE CAKE Served warm with Paganini Irish Ice Cream <i>E, Mi, W</i>	7.95	VEGAN LEMON & BLUEBERRY SLICE Served warm with Booja Booja Vegan Ice Cream <i>W, So, TN (Cashew in Ice Cream)</i>	8.50
RASPBERRY BAKEWELL TART Served warm with Paganini Irish Ice Cream <i>E, Mi, W, TN (Almonds)</i>	7.95	LEMON POLENTA CAKE Served warm with Paganini Irish Ice Cream <i>E, Mi, TN (Almonds)</i>	7.95
GIANT CHOC CHIP COOKIE Served warm with Paganini Irish Ice Cream <i>E, Mi, So, W</i>	7.95	AFFOGATO Espresso coffee over vanilla ice cream <i>Mi</i>	5.50

Coffee roasted locally by Artessa



DRINKS



Organic milk from Donegal

COFFEE		TEA		SMOOTHIES & SHAKES		SOFT DRINKS	
Americano	3.70	Clipper Organic	3.10	Kale Kick	6.50	Kombuchas	from 4.50
Cappuccino*	4.20	Organic Decaf	3.60	Berry Go Round	6.50	King of Kefir	3.75
Latte*	4.20	Green Tea	3.60	Tropical Zest	6.50	Whole Earth	4.50
Flat White*	3.85	Earl Grey	3.60			Sisu Juices	4.50
Espresso	2.80	Herbal Teas	3.60	Vanilla*	6.50	Cawstons Kids Carton	2.50
Double Espresso	3.20	Chai Latte*	4.30	Chocolate**	6.50		
Hot Chocolate**	4.50	Matcha Latte*	4.50	Strawberry*	6.50	Coke/Coke Zero	2.85
Mocha**	4.50	Turmeric Coconut Latte	4.50			San Pellegrino	2.85
						Ballygown Still/Sparkling	2.75

Syrups or organic plant milks + 50c

*Mi ** Mi & So

Whey Powder +2.00

WINE

See our wine list

175ml Glass / Bottle	
Organic House White	8 / 34
Organic House Red	8 / 34
Prosecco	9.50 / 35

BEER

Pint / Glass	
Honestly Lager	3.60 / 6.20
Guinness	2.90 / 5.80
Craft Selection	from 3.25 / 6.50

SPRITZ

Aperol Spritz	11.00
Hugo Spritz	11.00
Campari Spritz	11.00

OUR STORY

Honestly Farm Kitchen is supplied by our organic farm, Drumanilra, our organic bakery, Carraig Rua and our network of like-minded producers.

SPECIAL DIETS

- Vegan
 - Made without gluten.
 - Made without gluten on request.
- Traces of gluten may be present as we work in a small kitchen.

ALLERGEN KEY

Ce = Celery, Mi = Milk, E = Eggs, Se = Sesame, So = Soya, B = Barley, Su = Sulphites, TN = Tree Nuts, Mu = Mustard, O=Oats, P = Peanuts, W = Wheat, R = Rye, Mo = Molluscs

All our food is made in a kitchen where allergens are present. Please tell your server if you have an allergy or intolerance.



ORGANIC FARM



DEXTER BEEF



LOCAL PRODUCE



ORGANIC BAKERY



LOCAL COFFEE

Honestly

Farm Kitchen

Burger Grill • Café • Farm Shop

SUPPLIED BY OUR ORGANIC FARM,
DRUMANILRA, OUR SISTER BAKERY,
CARRAIG RUA, AND A NETWORK OF
LIKE-MINDED PRODUCERS.

STRANDHILL • CARRICK-ON-SHANNON